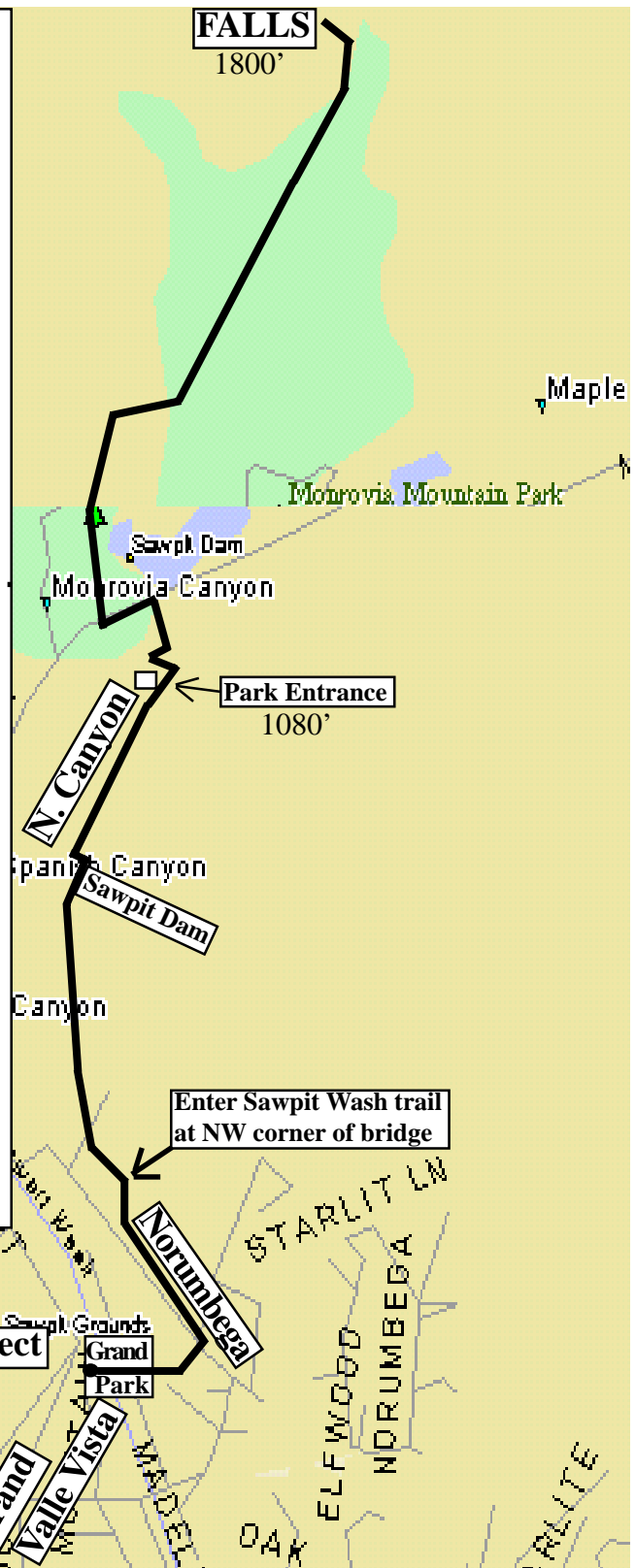


Down stairs, East across grass, out fence to street,
 L on street (Valle Vista Av), 1/2 block to end,
 L Norumbega Dr, 1 block, bear right @ Valmont,
 L to trail BEFORE the wash, WEST side,
 Follow the gravel wash-trail - then the dam's asphalt road
 all the way up past the dam - past the fence gates - up the
 park road - and up to JUST PAST the park's check-in guard
 shack,
 (there is now a water fountain at the Park Ranger building!)
 L on dirt-path trail head (sign marked-1 3/4 mi) to the falls,
 R at (very obvious) trail-split at the top of the switchback,
 L at the (also obvious) split just past the first water crossing,
 Once you have crossed the water the first time (you're now
 on the east-side, with the water on your left as you head
 upstream), you will not be more than 100 feet away from the
 water all the way to the falls. Follow the well-worn trail, do
 not turn on the hard-right or left-hand options, rather, basi-
 cally follow the water upstream,
 You will cross the water again fairly soon (the water then
 on your right-hand as you head upstream), continue through
 and past the campsites, until the trail comes to the Falls sign
 and forces you to cross again. Just a bit further and you can
 touch the water at the falls to be official!
 Just unwind to come back. After you cross water the second
 time (east side), be sure to NOT turn left; go downstream to
 the (remember - "also obvious"?) split just before the third
 water crossing. Turn right at this split, cross the water the
 third time, then later turn left at the (very obvious) trail split
 just above the switchback. Park street, dam drive, wash-trail,
 Norumbega, Valle Vista back to the park.

It's easy to miss the right-hand turn to the park, it's only a
 1/2 block along on Valle Vista Av, just after it has swept left.



Monrovia Falls Trail. About 2.7 Miles one way and usually run the last Wednesday in June. Start at the Grand Ave Park on the corner of Grand and Prospect - Thomas Map 567-H2. Run crosses through the park and out a driveway to Valle Vista. Look for the entrance to the Sawpit Wash trail on the NW side of the Norumbega bridge. Look for the Falls Trail on the left just after the Park entrance and follow the signs. Walkers should bring a flash light as it gets dark fast in the canyon or start early and carry a one bottle pack if it is hot. If you have not been on this run before, it is suggested you stay with those that have or carry a FRS walkie talkie set to channel 6.0 in case you get lost or injured.